



Professional Reconversion To Ensure A Better Professional Future

What is Convert Your Future?

Convert Your Future is an Erasmus+ project that aims to the development of educational resources and tools for **Adult Trainers** to assist their learners in upskilling and reskilling to foster their professional reconversion and insertion in the labour market through the development of transversal skills.

What are transferable skills?

Transferable skills are abilities and qualities that can be applied across various companies, industries, and settings. These are skills that can be acquired and honed in one context, but transferred to another.

Why are transferable skills so important?

Transferable skills are particularly important in today's changing job market, where employees are expected to be versatile and able to adapt to different situations. Additionally, transferable skills are not just beneficial for getting a job; they are also critical for career development.

What are the most important transferable skills?

The most relevant transferable skills for workers to succeed are:

- *Adaptability and resilience*
- *Critical thinking*
- *Initiative*
- *Creativity and innovation*
- *Leadership*
- *Emotional intelligence*
- *Communication*
- *Teamwork and collaboration*

What results does Convert Your Future have?

The main outputs of the project are:

- **An online course** that includes an e-book with training material, a presentation, and a self-assessment tool for each one of these labour-market-relevant transversal skills.
- **A hands-on learning booklet** containing guidelines for designing and implementing activities to assist educators in their work with low-skilled adults, with the goal of developing these transferable skills.

